



Lemon Chicken

Ingredients

Skinless bone-in chicken breasts 4
Oregano, salt and pepper 1 pinch
Olive oil 2 tbsp
Lemon juice 4 tbsp
Yellow potato, chopped 1
Baby carrots 1 bag

Directions

1. Preheat oven to 350 degrees.
2. In a roasting pan, place chicken breasts, potato wedges, and carrots.
3. Cover with oil, lemon juice, and spices.
4. Roast in oven for 40-50 minutes until cooked through.

Nutrition Facts

Serving size: 2 breasts
Recipe yields 2 servings
Calories 601
Fat 17 g
Carbs 51 g
Protein 60 g