



## Greek Salad

### **Ingredients**

Cherry tomatoes, halved 1 pint  
Bell pepper, sliced 1  
Cucumber, sliced 1/2 cucumber  
Kalamata olives 5-8  
Oregano 1/2 tsp  
Red chili flakes 1 pinch  
Salt 1 pinch  
Olive oil 3 tbsp  
Red wine vinegar 1-2 tbsp

### **Directions**

1. Add tomatoes, cucumbers, pepper, and olives to a large bowl.
2. In a separate bowl, combine oil, vinegar, salt, oregano, and red pepper for dressing.
3. Pour over vegetables and toss when ready to serve.

Makes salad for 2-3 people.

### **Nutrition Facts**

Serving size: 1 salad  
Recipe yields 2 salads

Calories 295  
Fat 24 g  
Carbs 23 g  
Protein 1.5 g