



Chocolate Peanut Butter Cookies

Ingredients

MET-Rx Ultramyosyn Whey chocolate protein powder 1 scoop
Natural peanut butter (or MET-Rx Powdered Peanut Butter) 1/4 cup
Ripe banana 1
Chopped walnuts 1/2 cup
Quick oats 1/2 cup
Unsweetened shredded coconut 1/2 cup
Egg whites 2

Directions

1. Preheat oven 350 degrees F.
2. In a large bowl, mash banana until smooth.
3. Add remaining ingredients and mix until combined.
4. Lay a sheet of parchment paper on an oven tray and spoon bite-sized portions of cookie mix onto tray.
5. Bake for 15 minutes.

Nutrition Facts

Serving size: 1 cookie
Recipe yields 6 servings
Calories 184
Fat 10.8 g
Carbs 14.2 g
Protein 10.5 g