



MyProtein Chocolate Almond Delight

Ingredients

Myprotein Impact Whey Protein (or casein protein) 1 scoop
Unsweetened almond milk 1 cup
Ice 1 cup
Spinach 1 cup
Cocoa powder 1 tsp
Stevia (optional) 1 packet

Directions

1. Mix all ingredients together in a blender. Enjoy!

Nutrition Facts

Serving size: 1 smoothie
Recipe yields 1 serving

Calories 141
Fat 5 g
Carbs 3 g
Protein 22 g