



Breakfast Tropical Black Rice

Ingredients

- 1 cup black rice
- 1 tsp cinnamon
- 1 tsp ground ginger
- 3 tbsp raw honey
- 1 tsp vanilla extract
- 2 cups coconut milk beverage
- 1 mango, cubed
- 1/2 cup unsalted shelled pistachios, roughly chopped
- 1/4 cup unsweetened coconut flakes

Directions

1. Place 2 cups water, black rice, cinnamon, and ginger into a medium-sized saucepan.
2. Bring to a boil, reduce heat, and simmer covered until all of the water has been absorbed—about 30 minutes.
3. Stir in honey and vanilla.
4. Let cool for five minutes.
5. Divide among 4 serving bowls and top with coconut milk, mango, pistachios, and coconut flakes.