



Peach-Mango Sangria

Ingredients

- 18 oz soda water
- 12 oz water
- 1 peach
- 1 mango
- 1 apple
- 1 scoop Optimum Nutrition Peach Mango Pro BCAA

Directions

1. Add 1 scoop of BCAAs to 12 oz of water in a pitcher.
2. Cut up peach, mango, and apple into bite-sized pieces and add them to the pitcher.
3. Add the soda water.
4. Stir!