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## **Meal 1: Baking Mix Pancakes**

### **Ingredients**

- 1 scoop Clutch Baking Mix
- 1 whole organic egg or soy-free egg replacer
- 1 tbsp chia seed
- 1/3 cup instant oatmeal
- 1/8 cup vanilla unsweetened almond milk
- Optional: 1/4 cup fresh berries or sliced banana
- Top with: 1 tbsp coconut oil and/or 1 tbsp 100% pure maple syrup or agave

### **Directions**

- See package for cooking instructions.
- Top pancakes with optional ingredients.