



Strawberry Papaya

Ingredients:

1/2 cup strawberries
1 cup papaya, sliced
1 cup non-fat plain Greek yogurt
1/2 cup water and crushed ice

Directions:

1. Add all ingredients to a blender.
2. Blend, pour and enjoy!

Nutrition Facts per serving:

Recipe serves one
Calories: 108
Fat: 0.2 g
Carbs: 15 g
Protein: 13 g