



## **Peanut Butter Cookie Balls**

### **Ingredients:**

- 1 scoop Peanut Butter Cookie Syntha-6
- 1/4 cup oat flour
- 1/4 cup applesauce
- 1/4 cup peanut butter
- 2 tbsp dark chocolate chips

### **Directions:**

1. Mix ingredients together in a medium bowl until blended.
2. Roll into small balls.
3. Place in the freezer and allow to freeze completely.
4. Thaw for 15 minutes before eating.

### **Nutrition Facts Per Serving:**

Recipe serves 2, 3 balls per serving.  
Calories 482  
Fat 25.7 g  
Carbohydrates 44.2 g  
Protein 25.1 g