



Low Fat Potato Salad

Ingredients

- 1 1/2 pounds small White Potatoes, unpeeled, and cut into pieces
- 1/4 cup Red Onion, finely chopped
- 1 6-ounce pot plain Low-fat Yogurt, drained
- 2 tbsp Dijonnaise

Directions

1. Bring a large pot of water to a boil and cook potatoes until tender.
2. Drain and allow to cool.
3. In a large bowl, combine red onion, Dijonnaise and plain yogurt.
4. Add cooled potatoes and mix well.
5. Refrigerate until ready to serve.