



Combat Tropical Strength Shake

Ingredients

2 scoops vanilla Combat powder
8 oz So Delicious Dairy-Free Unsweetened Coconut Milk
4 oz water
1/2 cup frozen mango
1/2 cup frozen papaya

Directions

1. Combine all ingredients into a blender.
2. Blend for 20 to 30 seconds, or until desired consistency.

Nutrition Facts

Calories 400
Fat 8g
Carbs 31g
Protein 51g