



Big Bill's Sloppy Gyms

Ingredients

- 1 pound ground sirloin tip
- 1 16-ounce can Ragu cooking sauce
- 1/4 tsp oregano
- 1/4 tsp basil
- 1/4 tsp thyme
- Dash hot red pepper
- Dash black pepper
- 1/8 tsp chili powder
- 4 whole wheat pita rounds

Directions

1. Brown meat in a skillet and drain all fat.
2. Pour Ragu cooking sauce onto meat and simmer for 5 minutes with oregano, basil, thyme, hot pepper, black pepper, and chili powder.
3. Spoon into whole wheat pita rounds and serve.

Nutrition Facts

Recipe yields 4 servings

Amount per serving

Calories: 263

Total Fat: 11.8 g

Total Carb: 21 g

Protein: 28.4 g