



## Feta And Tuna Salad

- 1 can of tuna, drained
- 1/3 cup feta cheese
- 3-4 cherry tomatoes
- 5-8 olives, optional
- 1 cup whole wheat pasta
- Olive oil, approximately 1 tbsp drizzled over your pasta
- Optional spices and flavors (a pinch between your thumb and index finger is a good amount): basil, oregano, thyme, lemon, or balsamic vinegar

Prepare the pasta according to the package directions and then top with feta cheese and canned tuna. Continue stirring until the feta cheese melts slightly and then top with cherry tomatoes, olives, and drizzle with some olive oil for healthy fats. Sprinkle on any desired spices or healthy condiments like lemon or balsamic vinegar. Serve immediately.