



Brisk Shrimp Salad Recipe

Ingredients

- 10-15 shrimp with the tails removed
- 2 cups of spinach
- 4-5 cherry tomatoes
- 3 button mushrooms
- 2 tablespoons of olive-oil-based salad dressing
- 1 banana (optional depending on your diet)

Directions

Place the spinach in a bowl, and then top it with the shrimp, cherry tomatoes and mushrooms. Drizzle the salad dressing on top, and you're ready to go.