



## **Almond Butter Turkey Sandwich Recipe**

### Ingredients

- 2 slices of Ezekiel bread
- 2 tablespoons of almond butter
- 3-4 slices of cooked turkey from the deli (not the pre-packaged deli meat!)
- 1-2 leaves of romaine lettuce
- 1 sliced tomato
- 2-3 slices of cucumber
- Mustard or pepper (optional)

### Directions

Spread the almond butter on both slices of bread, and then put the turkey meat on top. Then add the romaine lettuce leaves, sliced tomato, and cucumbers. Add a bit of pepper or mustard for added flavor.