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Whipped Vanilla and Berry Sorbet

Ingredients:

1 scoop Cellucor COR-Performance Whey, Whipped Vanilla
3/4 cup frozen berries
4 oz 2% or nonfat Plain Greek yogurt
1 tablespoon unsweetened almond milk

Directions:

1. Blend all ingredients together until they reach a whipped, thick consistency.
2. If needed, place blended mixture in freezer for additional 15-20 minutes to increase sorbet-like texture.