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## **Strawberry-Banana Oatmeal Protein Bake**

### **Ingredients:**

2 cups of old fashioned rolled oats  
4 scoops of vanilla whey protein powder  
2 tbsp ground flaxseed (optional)  
1 tsp baking powder  
1/4 tsp salt  
1 tbsp cinnamon  
1/2 cup Stevia in the Raw  
4 egg whites  
1 1/2 cups unsweetened almond milk  
1/4 cup plain Greek yogurt  
4 oz unsweetened applesauce  
2 bananas (sliced fairly thin)  
4 large strawberries (sliced fairly thin)

### **Directions:**

1. Preheat oven to 375 degrees F.
2. In a medium bowl mix together dry ingredients.
3. In another medium bowl mix together wet ingredients except fruit.
4. Spray an 8" or 8.5" round or square baking pan with non-stick spray.
5. Line the bottom of the round baking pan with one of the thinly-sliced bananas.
6. Mix dry ingredients into wet ingredients - make sure it is distributed evenly.
7. Pour mixture on top the layer of sliced bananas.
8. Cover with remaining sliced banana and sliced strawberries.
9. Bake for 40-45 minutes until top is golden brown, or inserted knife comes out clean.