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## **Steel-Cut Oats**

### **Ingredients:**

Steel-cut oats, dry, 1 cup

2% milk, 2 cups

Water, 2 cups

Olive oil, 1 tsp

Cinnamon, bananas, and other fruits or nuts

### **Directions:**

1. In a medium saucepan, heat olive oil over medium-high heat. After oil is heated, add oats to pan and gently toast for 1-2 minutes.
2. Add 1-3/4 cups milk and 2 cups water to saucepan and bring to a boil. Reduce heat, cover, and simmer for 25-30 minutes without stirring.
3. Add in remaining milk and cinnamon.
4. Serve topped with bananas or other fruits and nuts of your choice!