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Spicy Mexican Dip

Ingredients:

Spicy salsa, 1 cup

Fat-free cream cheese, 1/2 package (4 oz.)

Plain low-fat Greek yogurt, 1/2 cup

Precooked shrimp, diced, 2 oz.

Green onions, finely sliced, 2

Directions:

1. Combine the salsa, Greek yogurt, and cream cheese.
2. Once well mixed, stir in shrimp and green onions.
3. Blend together and serve immediately.