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Raisin Cookie Oatmeal

Ingredients:

- 1/2 cup rolled oats
- 1 egg
- 1 4-oz container of unsweetened applesauce
- 1/2 oz raisins
- 1 Tbsp cinnamon
- 1 Tbsp Stevia

Directions:

1. Preheat oven to 350.
2. Combine all the ingredients in a small bowl.
3. Pour into pre-sprayed Ramekins.
4. Place the Ramekins in the oven for 20 minutes, or until the oats are slightly toasted.