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## Pea Guacamole

### **Ingredients:**

Avocado, large, 4  
Peas, 1-1/3 cup  
Red onion, 2/3 cup  
Diced tomato, 1 cup  
Diced jalapeno, 1/3 cup  
Eggs, hard-boiled, 4  
Limes, 2  
Cilantro, 1/4 cup  
Cumin, 1 tbsp  
Sea salt to taste  
Ground pepper to taste

### **Directions:**

1. Cut avocados in half, remove the pits, and place avocado meat in a bowl.
2. Puree peas in food processor.
3. Mash avocados with a fork, and mix in pea puree.
4. Mix in red onion, diced tomato, diced jalapeno, cumin, salt, pepper, and fresh-squeezed lime juice.
5. Add cilantro and chopped egg whites. Mix well.
6. Serve with celery, bell peppers, or corn chips.