



## Orange Cream Smoothie

### **Ingredients**

Platinum 100% Whey Vanilla Cake 1 scoop  
Artic Zero Orange Dream ice cream 2 scoops  
Vanilla almond or coconut milk 16 oz.  
Sugar-free whipped cream to top  
Orange zest to top

### **Directions**

1. Blend the protein powder, ice cream, and milk together.
2. Pour the mixture into a tall glass, and top with whipped cream and orange zest.

### **Nutrition Facts**

Serving size: 1 smoothie  
Recipe yields 1 serving