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Low-Carb Almond Butter Fudge (Keto Fat Bombs)

Ingredients:

Natural almond butter (or peanut butter) 1 cup Coconut oil, melted 1 cup Stevia in the raw 2 g Vanilla extract 2 tsp

Garnish:

Unsweetened cacao nibs 2 tbsp Unsweetened baking chocolate 1 tbsp (optional)

Directions:

- 1. Line a small baking dish with parchment paper.
- 2. Melt the coconut oil and almond butter so they can easily be mixed together. Add to a mini-food processor along with stevia and vanilla. Pulse blend until thoroughly mixed.
- 3. Pour into the baking dish, and smooth out with a spatula.
- 4. Add cacao nibs to the top.
- 5. Freeze for 30 minutes, then place in the refrigerator for 1 hour.
- 6. Cut into thick cubes and enjoy. Keep refrigerated.

Looking to add an extra special touch? Dip each cube halfway into melted unsweetened baking chocolate. Then place on a baking sheet or large plate. Store the dipped cubes in the fridge. Chocolate should harden upon contact.

Nutrition Facts:

Serving size: 1 piece Recipe yields: 16 pieces

Calories: 225 Fat: 24 g Carbs: 4 g Protein: 4 g