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## Jalapeno Potatoes

### Ingredients:

- 2-3 medium-sized red potatoes (rinsed, peeled, and diced)
- 1 tbsp olive or coconut oil
- 3-4 tbsp chopped yellow onion
- 2 jalapeno peppers sliced

### Directions:

1. Coat pan with thin layer of olive or coconut oil.
2. Add chopped onions and sliced jalapenos.
3. Add water or more oil as necessary. Cook 20 minutes (or until done) on medium heat, covered. Stir occasionally.