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Grilled Portobello and Zucchini Burger

Ingredients:

2 large portabella mushroom caps
1/2 small zucchini sliced
2 tsp roasted red bell peppers (from jar)
2 slices low fat cheese
Spinach (to garnish)
100% whole wheat sandwich thins (100 calorie version)

Directions:

1. Heat grill.
2. Lightly brush mushroom caps with olive oil.
3. Grill mushroom caps and zucchini slices until tender.
4. Place on sandwich thin. Top with sliced cheese, roasted red bell pepper, and spinach.