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Green Pepper Barley Salad

Ingredients:

2 cups water
1 cup barley
2 thinly sliced green peppers
1/2 diced onion
1/2 cup chopped parsley
2 tbsp. olive oil
1 tbsp. Italian salad dressing
1/4 tsp. pureed garlic

Directions:

1. Boil water in a saucepan over medium heat.
2. Add the barley and then cover and let cook for 10-12 minutes.
3. Meanwhile, slice the green peppers and dice the onion. Chop up parsley and then add ingredients to the cooked barley.
4. Fluff with a fork to combine.
5. In another bowl, combine together the olive oil, Italian salad dressing, and garlic.
6. Drizzle over the mixture and then stir before serving.