



Oatmeal and Berries

Ingredients

Quick-cooking oats 1 package
Nonfat milk 1/4 cup
Cinnamon 1 pinch
Almonds, sliced 1 pinch
Strawberries and blueberries, sliced 2 tbsp

Directions

1. Add milk to the oats and heat in microwave for 1-2 minutes.
2. Sprinkle cinnamon, almonds, and fruit on top and enjoy!