



Eggnog Ice Cream

Ingredients

- Unsweetened Almond Milk 1 cup
- Greek Yogurt 2 tbsp
- Nutmeg 1 tbsp
- Eggnog syrup 2 tbsp
- Vanilla Protein Powder 1 scoop

Directions

1. Blend the ingredients together.
2. Pour the batter into an ice cream machine and allow to churn for 15-20 minutes.
3. Serve immediately.