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## **Double Chocolate Smoothie**

### **Ingredients**

1 scoop RSP TrueFit chocolate protein  
1/2 avocado  
1 tbsp cocoa powder  
1 cup carton unsweetened coconut milk  
Handful of ice

### **Directions**

1. Place all ingredients in a blender and blend to a smooth consistency. If the smoothie is too thick, add liquid. You can also substitute water or another milk for the coconut milk, depending on your goals and taste preferences.

Serving size: 1 recipe

Recipe yields: 1 serving