



The Clutch-Berry Meal Replacement Shake

Ingredients

- 1 scoop Clutch Sculpt Lean Physique Protein Powder
- 2 cups ice
- 1 tbsp chia seeds
- 6 oz coconut or almond milk
- 1/4 cup oatmeal
- 1 tbsp raw almond butter
- 1/4 cup frozen berries
- Pure Stevia to taste

