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Chocolate Protein Yogurt With Berries

Ingredients:

Nonfat Greek yogurt, 1-1/2 cups

Dymatize Elite 100% Whey Chocolate Cake Batter protein, 1 scoop

Fresh berries, 1/4 cup

Water, 1/4 cup

Granola (optional)

Directions:

1. In a mixing bowl, mix protein powder and water thoroughly with a whisk or blender, then add yogurt and blend.
2. Place yogurt in a cup and top with berries and granola.