



**BODYBUILDING.com™**

## **CHOCOLATE PEANUT BUTTER AND CREAM OVERNIGHT OATS**

### Ingredients

Oats 1 cup

Egg whites 1/3 cup

PB2 2 tbsp

RSP Cookies and Cream Whey 1 scoop

Pure maple syrup 1 tbsp.

Vanilla extract 1 tsp.

Unsweetened almond milk 1 cup

Optional: smashed banana, mixed berries (raspberries, blueberries, strawberries)

Directions 1. Mix all dry ingredients (and optional fruit) in mason jar.

2. Add almond milk, vanilla extract, maple syrup, and stir.

3. Chill in the fridge overnight. Enjoy in the morning!