



Breakfast Muffins

Ingredients

- Oats 2/3 cup
- Flour 1/8 cup
- Hydra 6 Killa Vanilla 2 scoops
- Cocoa powder 1 tbsp
- Baking powder 1/4 tsp
- Egg whites 2
- Medium banana (sliced) 1
- 2 % milk 4 oz.
- Sweetener (optional)



Directions

1. Mix all dry ingredients in a bowl.
2. Add in wet ingredients, and blend.
3. Bake at 350 degrees Fahrenheit for about 10 minutes.