



Banana Coconut Ghosts

Ingredients

2 large ripe bananas
1/4 cup unsweetened dried coconut
2 tbsp coconut oil
4 grapes, sliced in quarters
8 cranberries
4 Popsicle sticks

Directions

1. Peel bananas and cut into halves.
2. Stick Popsicle stick or toothpick into flat end of banana and place in freezer until firm.
3. Once firm, roll bananas in coconut oil and then roll in dried coconut flakes.
4. Lay coated bananas on a plate and use quartered grapes for the eyes and cranberries for the mouth.
5. Serve immediately