



Bacon 'n Cheese Sweet Potato

Ingredients:

1 medium baked sweet potato
1/2 cup cottage cheese
2 Tbsp shredded low fat mozzarella cheese
2 slices turkey bacon (cut into small pieces)
1 Tbsp crushed red pepper
Chopped broccoli, to garnish

Directions:

Top sweet potato with cottage cheese, mozzarella cheese, chopped broccoli, turkey bacon and crushed red pepper.

Microwave for 1.5-2 minutes, or until cheese is melted.

Nutrition:

Calories: 296

Fat: 4

Protein: 25

Carbs: 40