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Almond Cherry Oatmeal

The combination of tart cherries, slivered almonds, and sweet coconut give this dish a surprising range of flavors and textures. Don't fear it. Dig in!

Ingredients:

Quick cooking rolled oats 1/3 cup
Dried cherries 1 tbsp
Dried coconut 1 oz.
Slivered almonds 1/4 cup
Water 1/3 cup
Stevia 1 tbsp
Salt to taste

Directions:

1. Add dried cherries, coconut, and stevia to a bowl.
2. Mix in slivered almonds.
3. Top with warm oatmeal. Mix and serve.

Nutrition Facts:

Serving size: 1 bowl
Recipe yields: 1 serving
Calories: 539
Fat: 31 g
Carbs: 53 g
Protein: 13 g