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St. Patrick's Day Green Smoothie

Ingredients:

- 1 scoop [Bodybuilding.com Signature Whey Protein](#) – Vanilla Cream
- 1 scoop [Universal Nutrition Greens Powder](#) – Unflavored
- ½ medium banana
- 1/8 cup coconut flakes
- 1 tablespoon lemon juice
- ¾ cup water
- ½ cup ice

Directions:

1. Mix ½ of the coconut flakes with protein powder, greens powder, banana, lemon juice, water and ice in a blender until smooth
2. Top shake with remaining coconut flakes and enjoy immediately