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Turmeric Latte

Prep time: 3 min. Cook time: 7 min.

Serving size: 1 latte

Makes 1 serving

Ingredients

1 cup almond milk
1 tsp maca powder
1 tsp virgin coconut oil
1 tsp turmeric
1/4 tsp cinnamon
1 pinch black pepper
Agave to taste

Directions

1. Combine all the ingredients in a saucepan and bring to a boil.
2. Allow the mixture to cool. Transfer to a blender and blend to combine.