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Protein Drizzled Apples

Serving size: 1 bowl
Recipe yields 1 serving

Ingredients

1 apple
1/2 scoop MFIT SUPPS Iso Whey
1 tsp lemon juice
Dash of cinnamon

Directions

1. Cut the apple into cubes or slices and place in a bowl.
2. Combine the protein powder, lemon juice, and cinnamon and drizzle over the apples.
3. Enjoy!