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## **Chocolate Casein Protein**

### **Chocolate Casein Pudding**

1 scoop Kasein

1/2 cup blueberries

1/2 cup cashews

1/2 cup unsweetened almond milk (more if necessary)

### **Directions**

Mix all ingredients in a bowl and stir until it reaches a pudding-like consistency. If needed, add more almond milk, a small amount at a time. Optionally, chill it in a refrigerator for 30 minutes or a freezer for 10 minutes before serving.