



BODYBUILDING.COM™

Chocolate Chip Protein Overnight Oats

Prep time: 10 min. Cook time: 0 min.

Serving size: 1 container

Makes 1 serving

Ingredients

1/2 cup old-fashioned oats

2 tbsp semi-sweet chocolate chips

1 scoop Swolverine Chocolate Whey Isolate [LINK:

<https://swolverine.com/collections/frontpage/products/whey-protein-isolate>]

1/2 cup unsweetened vanilla almond milk

2 tbsp peanut butter

1/4 medium banana, mashed

Directions

1. Combine all the ingredients in a jar or container.
2. Cover tightly and refrigerate overnight or for at least 4 hours.
3. Add any desired toppings and enjoy cold or hot.