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Strawberry Protein Ice Cream

Serving size: 2 scoops

Recipe yields 6 servings

Ingredients

1-3/4 cups heavy cream

1-1/4 cups whole milk

2 scoops Signature Strawberry Whey

1/8 tsp sea salt

1 tsp vanilla extract

1 Signature Cookies and Cream Protein Crunch Bar , chopped (fold in while ice cream is processing)

Directions

1. Whisk together cream, milk, whey, salt, and vanilla extract in a bowl, then pour into chilled bowl of ice-cream maker.
2. Turn on ice-cream maker. While ice cream is churning, add chopped cookies and cream bar. Let run for 15-20 minute or until desired consistency is reached, then serve.