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Peppermint Bark Protein Shake

Serving size: 1 shake

Recipe yields: 1 serving

Prep time: 3 min. Cook time: 0 min.

Ingredients

1 scoop Signature 100% Whey Isolate, Chocolate

1 cup unsweetened vanilla almond milk

1-2 drops peppermint extract

1/2 cup ice

Optional: Crushed or whole candy cane for garnish

Directions

1. Place all ingredients in a blender and blend until smooth. Pour into a tall glass and garnish with candy cane and whipped cream, if desired.