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My Only Vice

Want to go all-out? Try a frozen tropical concoction with all the hallmarks of classic tiki drinks: dark rum, coconut, and an ingredient list as dizzying as the dark rum.

This blended cocktail is labor-intensive but worth it. Grab a few friends, blend up a batch, and prepare for compliments.

Prep Time: 15 min. Cook Time: 0 min.

Serving size: 1 cocktail

Makes: 1 serving

Ingredients

1/4 scoop Tropic Thunder XTEND BCAAs
2.4 oz. dark rum
4 tsp lemon juice
1.7 oz. pineapple juice
1 oz. coconut milk
0.5 oz. coconut cream
4 pineapple chunks
1/4 scoop Strawberry Kiwi Splash XTEND BCAAs
2 whole strawberries
2 tsp pomegranate juice
Garnish:
1 mint sprig

Directions

1. Add the Tropic Thunder XTEND BCAAs, pineapple juice, coconut milk, coconut cream, pineapple chunks, half the rum, and half the lemon juice to a blender.
2. Add the Strawberry Kiwi Splash XTEND BCAAs, strawberries, pomegranate juice, and the remaining rum and lemon juice to a separate blender.
3. Add ice to each blender and blend for 30 seconds.
4. Layer the two drinks in one hurricane glass.

5. Garnish with the mint sprig.