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Carrot Cake Overnight Oats

Prep Time: 10 min. Cook Time: 0 min.

Serving size: 1 container

Recipe makes 2 servings

Ingredients

1 cup oats

1/2 cup grated carrots

1/2 cup plain Greek yogurt

1/3 cup vanilla protein powder

6 tbsp walnut pieces

2 tbsp raisins

2 cups unsweetened almond milk

3 tbsp stevia

1 tsp cinnamon

1 tsp apple pie spice

Directions

1. Combine all ingredients in a large bowl and mix until combined.
2. Divide evenly and place in jars or containers. Refrigerate for 4-5 hours.
3. Enjoy at home or on the go!