



**BODYBUILDING.com™**

### **Apple Pie Smoothie**

Prep Time: 10 min. Cook Time: 0 min.

Serving size: 1 smoothie

Recipe yields 1 serving

#### **Ingredients**

1 scoop Signature Vanilla Whey Protein

1/4 avocado

3 dates, pitted and chopped

1/2 apple, peeled and chopped

1 cup unsweetened almond milk

Cinnamon to taste

Stevia to taste

#### **Directions:**

1. Combine all ingredients in a blender until smooth. Enjoy!