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Peanut Butter Candy Bar

Ingredients:

Peanut butter whey protein, 1 scoop

Peanut butter, 1 tbsp

Water, 3 tbsp

Directions:

1. In a small bowl, mix peanut butter with whey protein and water.
2. Spread mixture into a chocolate bar mold. If you don't have a mold, spread the mixture thinly on a plate covered in plastic wrap. Don't worry about being neat and tidy.
3. Place in freezer for about 30 minutes, or until the candy bar sets.
4. Once it's set, eat immediately before it melts, or store the rest in the freezer.