# Creamy Chocolado

**Ingredients:**
Avocado, 1 medium (pit removed)
Chocolate protein powder, 1-1/2 scoops
Bananas, frozen, 2 large
2% Greek yogurt, 1/2 cup
2% milk, 1 cup
Water, 1/2 cup

**Directions:**
1. Add liquids to the blender.
2. Add remaining ingredients and blend on high for 30-60 seconds.