Peanut Butter and Chocolate Drops

Ingredients
RSP Chocolate Whey 2 scoops
Water 1/2 cup
Peanut butter 2 tsp.

Directions
1. Mix two scoops RSP Chocolate Whey with 1/2 cup water.
2. Pour into 6 mini muffin tins.
3. Add 1/4 teaspoon of peanut butter to each tin.
4. Pour the rest of the protein on top of each tin to cover the peanut butter.
5. Freeze one hour.
6. Before eating, defrost for five minutes and then replace any leftover chocolates back into the freezer!

Nutrition Facts
Serving size:1 mini "muffin" **Recipe yields:** 6 servings

Calories: 77
Fat: 7 g
Carbs: 5.7 g
Protein: 10.7 g