



The Mocha Nut Shake

Ingredients

- 3 scoops Clutch Sculpt Lean Physique Protein Powder
- 2 cups ice
- 2 oz chocolate almond milk
- 2 oz espresso or strong coffee

- 1/3 banana
- 1 tbsp raw almond butter

Nutrition Facts

(Recipe yields 1 shake)

Calories: 231

Fat: 9 g

Carbs: 15 g

Protein: 25 g

